Q: Do you know how to cook and bake?

**Oh wow, you're asking the right person, I know not only how to cook, but also how to bake**

Q: How often do you cook or bake on average?

**I have to cook every day, and if I don’t, I’ll starve to death.**

Q: What do you think of your cooking?

**I’m so confident in my cooking skills that I’m a Michelin master**

Q: Do you have any difficulties while cooking, please describe it?

**Yes, it's just that the cooking time is too long**

Q: Have you heard of augmented reality (AR) before?

**Yes, I know that.**

Q: If so, how would you describe augmented reality (AR)?

**I feel that it's not completely virtual, but it's not real, and you can see virtual things on the basis of the real world through glasses or cameras or similar devices**

Q: What help or information would you like AR glasses to help you with while you’re cooking?

**For me, I think the ratio of each spice in the recipe must be very strict, otherwise it will affect the flavor of the dish, so I think I can provide the recipe, which seasonings to want. Another point is, can you calculate the cooking time for me?**

Q: Where do you think AR information should be displayed to help you the most without distracting you?

**Don't block my pot, or don't block my knife when chopping vegetables, it's best if I can place it casually**

Q: If AR glasses can give you real-time step-by-step hints of recipes, what would you ideally look like

**Honestly, I don't want real-time recipes, just if I suddenly don't know what to do when I'm cooking, you can give me a hint and show me my next step**

Q: When you encounter an unfamiliar cooking technique, what form of guidance do you prefer AR glasses to provide you? Video presentations, illustrations, text prompts, real-time expert help ?

**Oh, I think Illustrations can be used as a reference to what kind of food is made, I prefer this one.**

Q: Imagine the process of working in the kitchen, when do you think that using AR (cleaning, baking, cooking, managing/like knowing what is reasonably allocated space in the cupboard) will improve your life?

**When I doing the cooking, because the phone has to be put there to display the recipe during cooking, iIt is really troublesome, I have to keep clicking to make it not turn off the screen, and sometimes , when, when it matters, I have to turn on the phone again, and at the same time, the milk I boiled may be mushy, and my hands may be oily or something, I may not be convenient to tap the phone screen. So I can’t do serval things at the same time**

Improvements in AR technology

Q: Do you have any concerns or concerns about using AR glasses?

**For example, for users who have undergone eye surgery, they cannot use AR glasses for a long time, and need lighter equipment, and I hope that in the future, AR glasses can be more lightweight, like myopia glasses**

Q: What improvements do you think AR glasses need to be made to better meet the needs of cooking and baking?

**As before, it would be nice to be lighter**